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Brain Health and Aging

Thursday, September 28, 2023 9:10 AM (30 minutes)

For over 25 years, the Rush Alzheimer's Disease Center has been looking at risk factors for developing cognitive problems with age. By conducting the largest longitudinal studies in the world where 1000s of people agree to yearly testing and organ donation at time of death, we are learning the lifestyle choices which seem to be protective for brain health. This presentation will cover maintaining brain health and the impact of seniors in research.

About the speaker:

Susan Frick Susan Frick, LMSW, has worked at the Rush Alzheimer's Disease Center since 1997. She coordinates dementia specific training programs for health care professionals and helps coordinate the Dementia Friendly and Dementia Friends initiatives in Illinois. Susan is the Director of Without Warning, a support program for individuals and families who live with younger onset Alzheimer's and the Executive Producer of the documentary, created by the group, now airing on PBS and Amazon Prime entitled, Too Soon to Forget: The Journey of Younger Onset Alzheimer's Disease. She is the presenter of the TEDx talk entitled Loneliness and Alzheimer's Disease. She works with patients and families in the Rush Memory Clinic and with people involved in RADC research studies. Susan received her master's degree in social work from Loyola University of Chicago, her undergraduate degree from Elmhurst University, and has worked in the field of Alzheimer's disease since 1987

Presenter: FRICK, Susan (Rush University)

Session Classification: Foundations